



Crow Kids Day Nursery

This menu is for example only



All food is
cooked in
house

Week 1

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Cottage Pie with mixed vegetables	Pasta Bolognaise with cheese	Jacket Potato, Beans, Cheese and Salad	Tuna and Sweetcorn Pasta with cheese sauce	Chicken Nuggets, Potato Wedges and Mixed Vegetables
Quorn Cottage Pie with mixed vegetables	Quorn Bolognaise with cheese			
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Yoghurt	Peaches in Juice	Pears in Juice	Mangos in Juice	Jelly

Week 2

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Chicken/ Quorn Roast Chicken New Potatoes Fresh Veg Gravy	Meatballs and pasta in tomato sauce	Macaroni and Cheese with Salad	Vegetable Curry with Rice and a Naan Bread	Fish and Chips with Peas
Quorn Meatballs and pasta in tomato sauce				
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Yoghurt	Peaches in Juice	Pears in Juice	Mangos in Juice	Jelly



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Tea Menu

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese/ Tuna Wraps and Vegetable Sticks	Beans on Toast	Sweetcorn and Red Pepper Risotto	Cheese and Tomato Pizza with Salad	Bread and Soup

Tea Menu

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Fishcakes with Vegetables	Bread and Soup	Pasta Salad	Cheese and Tomato Toastie	Ham/ Tuna Pitta Bread